



# Perry Athletics



**One Success Blvd. \* Perry, OH \* 44081 \* (440) 259-9400, ext 9499**

**TJ Rockwell  
Athletic Director**

Dear Coach,

Perry is extremely proud and honored to be a host of the 2024 Division II Girls and Boys District Track Meet. We have been and will continue to work hard to make sure the meet is run in a first class manner.

We will run both BOYS and GIRLS prelims on **Thursday, May 16**. There will be a meeting for coaches at 3:15. Field events will start promptly at 3:30 pm with running events at 5:00pm. Finals for both BOYS and GIRLS will be on **Saturday, May 18** with Field events at 10:00 am and running events at 11:30am.

Enclosed please find the following materials for Perry Division II District Track & Field

1. Schedule of Events for Division II Boys & Girls (May 16th and May 18th)
2. **District Entry Procedures – All schools must submit their entries via the MileSplit online entry process <https://oh.milesplit.com/>**

**IMPORTANT DATES:**

- a) Entry window is currently open.
  - b) Entry will close on **Monday, May 13 at 6:00 pm**
  - c) Scratch window will close on **Thursday, May 16 at Noon. For Saturday competition, substitutions MUST be made at the time coaches check in that morning. After that time, no substitutions will be accepted.**
3. OHSAA Track & Field Coach's Verification of Sporting Conduct/Legal Equipment & Uniform form. One copy must be signed for each team (one for boys and one for girls) and handed in upon arrival. Once your form has been accepted by the Referee or his designee you will receive your race day packet.
  4. Competitive and Restrictive areas, Shot & Discus and Eligibility
  5. Directions to Perry High School

# PERRY DISTRICT TRACK—DIVISION II

Thursday, May 16, 2024

GIRLS' & BOYS' SEMI FINALS

## **3:30 PM--FIELD EVENTS**

**Girls High Jump, Girls Shot Put, Boys Pole Vault, Boys Long Jump, Boys Discus**

## **5:00 PM—RUNNING EVENTS**

Girls will go first, with Boys to follow in each running event.

1. 4 x 800 m Relay	FINALS	Top 4 to Regional
2. 110 m Hurdles		8 Fastest
3. 100 m Dash		8 Fastest
4. 4 x 200 m Relay		8 Fastest
5. 1600 m Run	(if necessary)	Qualify 8 each heat
6. 4 x 100 m Relay*		8 Fastest
7. 400 m Dash		8 Fastest
8. 300 m Hurdles		8 Fastest
9. 800 m Run		Qualify 8 each heat
10. 200 m Dash		8 Fastest
11. 3200 m Run	(if necessary)	Qualify 8 each heat
12. 4 x 400 m Relay**		8 Fastest

\* The first heat of the girls and boys 4 x 100M Relay will begin no earlier than 15 minutes after the start of the first heat of the girls and boys 4 x 200M Relay.

\*\* The first heat of the girls and boys 4 x 400M Relay may begin no earlier than 20 minutes after the start of the first heat of the girls and boys 200M Dash.

## **RELAYS**

## **START**

## **X-CHANGE**

4 x 100	White	#1, #2, #3 White
4 x 200	Black	#1, #2 Black #3 White
4 x 400	Blue	#1, #2, #3 Blue (Break line Green & White)
4 x 800	White	#1, #2, #3 Blue (Break line Green & White)

Runners may use ½ tennis ball or tongue depressors

No Tape or Chalk permitted on Track, Schools are to supply their own markers

# PERRY DISTRICT TRACK—DIVISION II

Saturday, May 18, 2024

GIRLS' & BOYS' FINALS

## 10:00 AM--FIELD EVENTS

**Girls Pole Vault, Girls Long Jump, Girls Discus, Boys High Jump, Boys Shot Put**

## 11:30 AM—RUNNING EVENTS (Top 4 to Regionals)

Girls will run first, followed by Boys. We will follow the time schedule set below.

1. 100 m Hurdles	11:30am	GIRLS
2. 110 m Hurdles	11:35am	BOYS
3. 100 m Dash	11:40am	GIRLS
4. 100 m Dash	11:42am	BOYS
5. 4 x 200 m Relay	11:45am	GIRLS
6. 4 x 200 m Relay	11:55am	BOYS
7. 1600 m Run	12:05pm	GIRLS
8. 1600 m Run	12:15pm	BOYS
9. 4 x 100 m Relay	12:25pm	GIRLS
10. 4 x 100 m Relay	12:30pm	BOYS
11. 400 m Dash	12:35pm	GIRLS
12. 400 m Dash	12:40pm	BOYS
13. 300m Hurdles	12:45pm	GIRLS
14. 300 m Hurdles	12:50pm	BOYS
15. 800 m Run	12:55pm	GIRLS
16. 800 m Run	1:00pm	BOYS
17. 200 m Dash	1:05pm	GIRLS
18. 200 m Dash	1:10pm	BOYS
19. 3200 m Run	1:15pm	GIRLS
20. 3200 m Run	1:30pm	BOYS
21. 4 x 400 m Relay	1:45pm	GIRLS
22. 4 x 400 m Relay	1:55pm	BOYS

**NOTE: There will be No "Calls" for Running Finals...Athletes are to report to the clerks at least ten minutes prior to their event. Unless the athlete is in a field event, in that case, no sooner than five minutes prior to the start of their race.** With the exception of 300M Hurdles and 200M Dash, Athletes are to report to the clerks in the southeast corner of the stadium near the 100M Dash starting areas.

Schools are to supply their own markers, runners may use 1/2 tennis ball or tongue depressors, No Chalk or Tape on Track

### COMPETITIVE AREA

The Competitive areas will be areas in and around the track including the infield and all areas outside the track where field events are being contested. All areas where competition is being conducted for running and field events will be designated as a competitive area.

### RESTRICTIVE AREA

All coaches, spectators, and non-participants are to leave the area inside the track before running events begin. Coaches are not permitted to be inside the fence area of the stadium. Coaches may meet with their competitor outside the fence area only. Any violation of this notice (announcement), may lead to the DQ of your athlete. Only authorized personnel are permitted inside the fence area.

### ELIGIBILITY FORMS

**Eligibility Certificates** are not required this year. Each school is responsible for confirming all athletes entered are eligible.

## HIGH JUMP & POLE VAULT

Seeding in the vertical jumps will be lowest to highest. Marks from regular season results from MileSplit will be used to seed these events. From there, the advancement to Regional & State meet would use the results from the previous round.

After competition has started, the bar shall not be lowered, except to determine a first place winner when a tie for first is involved or to determine qualifiers for the next tournament when there is a tie involving more competitors than there are qualifying positions. (Rule 6-3-2). 1.5 No individual shall be permitted to enter competition after the event judge starts competition (Rule 4-1-3).

**Competitors tied for the last qualifying place shall be given one additional jump at the tying height before continuing with the competition.** If the tie is not broken, the jump-off for the last qualifying place shall take place only after the conclusion of the event when the other qualifying positions have been determined. A reasonable warm-up period with the bar set at an appropriate height subject to the discretion of the head event judge shall be given

# SHOT & DISCUS NOTES

Each shot and discus must be weighed and marked in by the official. Weigh in times are:

Thursday: 1:50pm-3:10 pm

Saturday: 8:20am-9:40am

Any implement presented after the closing time will not be permitted to be used. **Athletes are not permitted to take their approved implements away from the competition area once the implement has been certified as legal. This procedure does not mean that athletes must share implements. An athlete may not use the implement of another competitor without that competitor's permission.**

**Note: Athletes may not use implements that are less than the minimum specifications or exceed the maximum dimensions (i.e. college implements) for warm-up since ONLY NFHS legal and approved implements may be used in warm-up and competition. Rule 6-2-10**

Shot Put, and Discus – Competitors will be divided into flights. Seeding in these horizontal events will be shortest to farthest, with the first flight being the shorter qualifying performance and the final flight being the longer entry performance. Marks from regular season results from MileSplit will be used to seed these events. From there, the advancement to Regional & State meet would use the results from the previous round.

Consecutive attempts WILL NOT be permitted. All throwing attempts should use the “1-1-1 model” in both prelims and finals. This format also allows for additional coaching opportunities between throws, and add only minimal time to the event overall.

All legal throws shall be measured and recorded.

No individual shall be permitted to enter competition after the event judge starts competition (Rule 4-1-3). When the preliminary competition is conducted in flights, individual competitors must report prior to the beginning of the flight to which assigned.

**Top 9 to Finals:** Three additional trials shall be allowed each participant in the Finals in reverse order of performance, in single rotation, so that the best qualifier will compete last in each rotation.

The District does not furnish towels!

In case of inclement weather, it is each school's responsibility to provide their own towels.

# LONG JUMP

There will be no run throughs once the event has started. All warmups should be done during the initial warmups. Only brief run throughs between flights will be allowed.

Thursday, May 16th Boys 1:50-3:25 PM Practice

Saturday, May 18<sup>th</sup> Girls 8:20-9:55 AM Practice

All legal jumps shall be measured and recorded.

**Top 9 to Finals:** Three additional trials shall be allowed each participant in reverse order of performance, in single rotation, so that the best qualifier will compete last in each rotation.

Advancement to Regional & State meet will use the results from the previous round.

## CHECKING OUT OF FIELD EVENTS

### **\*NEW\* IN 2024: District & Regional**

13.1. The head field judge should identify any conflicts with athletes in field events and other events. They should speak with each head field event official to notify them of the conflict. Communication should also be made to the clerking team.

13.2. The athlete may check out of the field event:

- No sooner than 5 minutes before the start of their race, when time schedule used or 3rd call when no time schedule is used.

13.2.2. The athlete may leave to check in sooner, with the permission of the head event official, as long as they immediately return to the field event after checking in at their other event. They then can return to that event: At the final call when no time schedule is used or 5 minutes before when time schedule used.

13.3. The athlete **MUST** return to the field event immediately upon the completion of their running event, no more than 5 minutes after the race.

13.4. The athlete will be given a minimum 5-minute rest period upon return to the event before being called up or added back to the rotation. The rest period can be extended at the discretion of the head event official but cannot be shortened unless the athlete and/or coach requests or agrees to a shorter time.

13.5. If the athlete is in two field events at the same time, the head field judge will coordinate with both events and determine the best course of action to accommodate both events. Subject to approval from the referee. This may include the use of consecutive attempts.

# Advancing Relays

**Relay Alternates:** To stay in line with what was permitted at the 2022 Regional & State Track Meet, as well as the updated language in the 2023 NFHS Rule Book, The following allowance will be made for Relay Alternates for the OHSAA Track & Field tournament:

- Up to 8 athletes would be allowed to be listed on the 'new' relay cards
- Each qualifying relay team would receive FREE admission for 6 of the runners listed on the Relay Card
- If a school lists 8 runners of the Relay Card, the school would need to provide a "paid ticket" for the remaining 2 runners upon their teams entry into the Regional & State Meet site.

## Bib Numbers

**\*NEW\* IN 2024:** All athletes competing in running events are required to wear a number assigned to them by meet management on the back of their uniform between the shoulder blades. All athletes competing in running events are required to wear the number provided to them unobstructed in accordance with NFHS Rules. **The number will be provided on day one of the tournament and MUST be worn on both days of the tournament. The athlete is responsible for the wearing of the number on both days. New numbers will be issued at each level of the tournament (district, regional, and state).**

## **DIRECTIONS TO PERRY HIGH SCHOOL**

**One Success Blvd., Perry, OH 44081**

### **WEST OF PERRY:**

Those traveling from the west are advised to get on Route 2 (East) which ends with a merger onto Route 20. (Route 2 can be accessed from Route 44 North, which is an exit off of Route 90 East) Continue on Route 20 until you reach the 2nd traffic light (Center Road), turn right (heading south). The entrance to the school is located on the left approximately 1/4 of a mile from Route 20.

### **EAST OF PERRY:**

Take I-90 (West) to the Madison exit (Route 528). Turn right on Route 528 north to Route 84. Turn left (heading west) onto Route 84 and continue until you reach Narrows Road. Turn right onto Narrows Road and follow to Center Road, turn right (heading north). The entrance to the school is located approximately 1 mile from Narrows Road.

**Directions are also on our web site [www.perry-lake.org](http://www.perry-lake.org)**

**\*\*\* Parking—VERY IMPORTANT \*\*\***

**Buses should park in the Perry High School bus loop. Please do not park in the general parking lot as we expect those to fill up quickly.**

**Contact me if you have any questions:**

TJ Rockwell, AD  
Perry High School  
One Success Blvd.  
Perry, OH 44081

(440) 259-9400, ext 9499 (Office)  
(440) 867-1963 (Cell)  
[rockwellt@perry-lake.org](mailto:rockwellt@perry-lake.org)



