



OHSAA District Championships
Amherst Steele High School
450 Washington St. Amherst, Ohio
Wednesday, May 15th and Friday, May 17th

1. For both days, field events will begin at 4:00pm, running events at 5:30pm.
 2. There will be two(2) entries in each open running and field event per gender and one(1) relay.
 3. A list of 2024 teams can be found here: [2024 D1 Track and Field](#)
 4. The Wednesday Schedule can be found here: [2024 District Track and Field Championship - Wednesday](#)
 5. The Friday Schedule can be found here: [2024 District Track and Field Championship - FRIDAY](#)
- Spike length: 1/4 inch Pyramid.
 - Marking of the track: tennis balls, tongue depressors, or chalk. No adhesives.
 - No dressing facilities will be available.
 - All events will be scored 10, 8, 6, 5, 4, 3, 2, 1. For open running event prelims, there will be two heats of eight with the top eight (8) fastest times qualifying for the Finals.
 - Track markings can be found here: [RICHARD S. COOLEY TRACK - TRACK MARKINGS AMHERST STEELE HIGH SCHOOL](#)
 - Relay cards: Relay cards can be found in the coaches packets.
 - Verification forms can be found here:
<https://ohsaaweb.blob.core.windows.net/files/Sports/Track-Field/VerificationForm.pdf>
 - Coaches must provide a copy of the [OHSAA Pole Vault Verification Form](#) to the official on site. They will also be available in the coaches packets.
 - Athletes in Field Events should check in directly at their event site. To be excused from a field event the competitor must receive permission from the event official prior to departure. Additional procedures will be provided by the event official. Athletes should not leave for a Running Event until the 2nd call. Athletes need to notify officials when they are leaving for

another event. Athletes need to return to the Field Event within 10 minutes (approximately) of competing in their other event.

- Uniforms and numbers: See OHSAA rules here:
<https://www.ohsaa.org/SchoolResources/uniform/CC-TF>
- Online registration:
Entries must be submitted online here:
<https://oh.milesplit.com/meets/607584-ohsaa-division-1-district-steele-2024>
Entry window closes at 9:00am on Tuesday, May 14th, 2024
- The scratch and substitution forms can be found [HERE](#). Scratches and substitutions will be accepted up until noon on the day of competition.
- Packets: Coaches should pick up their packets adjacent to the pass gate. Wristband colors are as follows: Boys High Jump: Blue, Girls High Jump: Red, Boys Pole Vault: Green, Girls Pole Vault: Yellow, Long Jump is Purple.
- Admission Per Day: \$8.00/Adult ticket. \$5.00/Student Ticket (K-12th Grade). Tickets will be available online only at the following website: [Ticket Link - Click Track and Field and NorthEast District](#)
- **Use of Infield Areas during a Track Meet **Updated 2023**** To ensure ongoing safety & fairness, the use of infield areas for warmups, coaching or congregating is strictly prohibited! Coaching boxes for coaches will be provided at any field events located in the infield area. Hurdle practice areas will be available in the grass outside the track adjacent to the hurdle starting lines.
- Implements: All shot and discus implements must be weighed in at the wrestling room between 2:45pm and 3:45pm.
- Throws will be contested in a 1-1-1 format in both prelims and finals.
- Field events will be seeded from worst to best.
- Preliminaries will be held in the discus, shot put, and long jump with the top nine performers proceeding to the Finals.
- Parking map can be found here: [Parking Map](#)
- No tents OR IMPLEMENTS will be allowed in the stands.
- Except for extreme inclement weather conditions, no one is allowed in any school building.
- Only competing athletes, coaches, officials, and student volunteers will be allowed on the infield. Athletes who have concluded their event must leave the infield. NO WARM UPS ON THE INFIELD.

- Concessions will be available near the main entrance of the facility. Cash and credit cards are accepted.
- Teams are expected to police their area and use the available trash cans.
- Restrooms are located at the main concession stand and adjacent to the pass gate. No locker room facilities will be available.
- The clerking tent/bullpen will be located behind the 100M starting line area in the Southeast corner of the facility. Runner numbers must be placed on the RIGHT CHEST and be clearly visible. In relays, only the ANCHOR RUNNER needs to have a number on the right chest.
- Starting blocks will be provided. These premium blocks do not require block holders. Athletes may use their own blocks but are reminded to remove them from the area after competition and take them with them at the completion of the meet.
- No electronic devices on the infield.
- No Frisbees, footballs, etc. will be permitted within the field enclosure.
- A trainer will be available.
- Commemorative shirts will be available for sale at the event, they can also be purchased online here: <https://ohsaa.eagraphics.com/ohsaa/shop/home>
- In the event of extreme inclement weather, teams and coaches may be asked to move to the high school gym lobby. Do not leave the area as events may resume at any time.
- Results will be posted on Milesplit.com, will be available LIVE at www.LightningTiming.com and on the scoreboard for races. Race videos will be posted on Twitter: @RunAmherst.
- Both days of competition will be Live Streamed and archived at <https://www.youtube.com/cometslive>
- **Discus Parking:**
Please note, the Discus competition is close to our Nord Middle School. However, the Nord Parking lot does not clear out until 4p. Please park in the Stadium parking lot. Spectators can walk behind the back of the High School, past the tennis courts to reach the Discus competition.

We look forward to two days of great competition. Please contact Casey Wolf at casey_wolf@amherstk12.org with any questions or concerns. To all of our coaches and athletes, best of luck this season. See you on May 15th and 17th!