



Avon High School

Erich Frombach
Director of Athletics

Member of
The Southwestern Conference

Avon Reynolds Invite Meet Schedule **FIELD EVENTS**

3:00 PM

Girls/Boys Pole Vault – Girls Open 7-6 - Boy to enter at 8-6
Girls Long Jump and Boys Long Jump will be run simultaneously in 2 pits.

Boys High Jump (Opening Height 5-3, 5-6, Then by 2") Girls to Follow (Opening Height 4-3, 4-6, Then by 2")
*Heights can be adjusted based on entries.

Boys Discus (Three throws then Top 9 to Finals 1-1-1 Format)	followed by Girls Discus
Girls Shot Put (Three throws then Top 9 to Finals 1-1-1 Format)	followed by Boys Shot Put

Running Events (No Prelims. All finals based seed time)- Start at 5:00 p.m. rolling schedule
RUNNING EVENTS (All participants MUST report to the Bullpen Area, North End of Track)

Running Finals

Girls 4x800/Boys 4x800
Girls 100h/Boys 110h
Girls 100/Boys 100
Girls 4x200/Boys 4x200
Girls 1600/Boys 1600
Girls 4x100/Boys 4x100
Girls 400/Boys 400
Girls 300H/Boys 300H
Girls 800/Boys 800
Girls 200/Boys 200
Girls 3200/Boys 3200
Girls 4x400/Boys 4x400

Eagle Pride

37545 Detroit Road • Avon, Ohio 44011
(440) 934-5111 • Fax: (440) 934-5431 • E-mail: frombache@avoneagles.org
<http://athletics.avonlocalschools.org/>



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The 45th Edition of the Avon Reynolds Invitational at Mark Wahlberg Chevrolet Stadium at the Avon Early Learning Center

3075 Stoney Ridge Road, Avon 44011

Friday April 26, 2024

General Information

Go to for meet records and past results go to <http://avonlocalschools.org/athletics/avon-reynolds-invite/>

Avon High School Athletic Director: Erich Frombach
E-Mail: frombache@avoneagles.org

1. Coaches scratch meeting at 2:45 p.m. at the Finish Line
2. Warm-up on the backstretch when appropriate.
3. Stay in the stands (no spikes please!) and off the football field.
4. 1/4 spikes ONLY on track and runways.
5. STARTING BLOCKS WILL BE PROVIDED.
6. Please use tennis balls to mark the track or runways.
7. Shot and discus pads are concrete. Common implementations for the shot and discus will be used.
8. Pole Vault, High Jump, and Long Jump runways are rubberized.
9. Information packets will be handed out upon arrival.
10. Long Jump will be an open pit with both boys and girls going at the same time. There are two pits.
11. **All Busses must park at the High School. Coaches...make sure you get your bus drivers phone numbers so you can contact you when it is time to pick up.**

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Entry Fee \$150 per team - \$300 for both girls and boys teams

Events: All timing will be performed by FAT. All Running Events will be seeded finals, please enter FAT verifiable times. We ask coaches to enter seed times with integrity. All running events will be run on a rolling schedule.

Entry Limit: Each school will be permitted to enter two athletes per running event, one relay team per relay, and two athletes per field event

Starting Heights: Tentative starting heights for each applicable event are as follows:
Girls High Jump – 4’3”, Boys High Jump – 5’3”, Girls Pole Vault – 7’-6”.
Boys Pole Vault 8’-6”.

Official starting heights will be announced after entries are submitted and reviewed.

Entries: Mile Split

Scratch/Substitutions due: All Substitutions for field events and open races are to be turned in to the meet director no later than 2:45 p.m. on Friday at scratch meeting. It will be a straight substitution, no reseeding will be done. Any athlete that is scratched from a field event or open race, will be scratched for the entire meet. There are substitutions for relays. Those will be done at the starting line.

NOTE: Any substitutions must be on the MILE SPLIT ROSTER!

PLEASE KEEP ALL ATHLETES OFF OF THE INFIELD AT ALL TIMES.

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Lanes: Lanes are assigned by the Hy-Tek Scoring System by entered times.

Scoring: Team points for each event will be awarded as follows:

1 st Place – 10	5 th Place – 4
2 nd Place – 8	6 th Place – 3
3 rd Place – 6	7 th Place – 2
4 th Place – 5	8 th Place – 1

Admission: Admission will be \$7.00 - **Tickets are available online at**
<https://avonlocalschools.hometownticketing.com/embed/all>

AWARDS: Medals to first, second, and third individuals; ribbons to fourth, fifth, sixth, seventh, and eighth. Individual awards will be placed in team bags for coaches to pick up at the end of the meet in the press box.

RESULTS: Live results will be provided by **Lightning Timing on Milesplit Live**

TEAM AREAS: See attached map

ATHLETES: Concession stands will be open.

COACHES, WORKERS & OFFICIALS: There will be a hospitality room in the gym.

Questions: Please call the Avon Athletic Department at (440) 371-0680

Eagle Pride
